



Freshman College Planning Checklist

Months	Activity	Notes
July August September	Participate in High School Orientation	
	Student Meeting with Counselor	
	Set Academic Plan for Freshman Year	
	Evaluate your Time Management Skills	
	Explore possible Community Service Opportunities	
	Participate in Club / College Showcase	

Months	Activity	Notes
October November December	Parent / Student meeting with counselor	
	Begin to assess your academic & athletic needs	
	Write a description of your ideal College Program	
	Student meeting with coaches to evaluate athletic development	
	Participate with Community Service Organization	
	Study!	

Months	Activity	Notes
January February March	Start a College file	
	Research possible camps to attend	
	Identify NCAA Core Courses	
	Set individual athletic goals for Summer	
	Participate in College scrimmages	
	Perform on the field	

Months	Activity	Notes
April May June	Meet with Counselor to review goals-progress-interest	
	Set academic plan for next year	
	Pick College Campus to visit	
	Attend a College Camp	
	Finish School year strong	
	Enjoy your summer!	

Sophomore College Planning Checklist

Months	Activity	Notes
July August September	Student Meeting with Counselor	
	Check with counselor for PSAT & PACT registration deadline	
	Purchase Sport Source Athletic College Guide	
	Complete a practice admission application	
	Set up files – collect college information	
	Participate in Club / College Showcase	

Months	Activity	Notes
October November December	Parent / Student meeting with counselor	
	Begin to assess your academic & athletic needs	
	Request admission information from several schools	
	Attend College night at High School	
	Student meeting with coaches to evaluate athletic development	
	Study!	

Months	Activity	Notes
January February March	Continue requesting information	
	Review progress with parents	
	Set individual athletic goals for Summer	
	Participate in College scrimmages	
	Begin to identify 7-10 college programs	
	Perform on the field	

Months	Activity	Notes
April May June	Meet with Counselor to review goals-progress-interest	
	Begin a college contact list. Continue to update list of potential colleges	
	Plan next years academic program	
	Begin investigating sources for financial aid	
	Participate in College scrimmages	

Junior College Planning Checklist

Months	Activity	Notes
July August September	Student Meeting with Counselor	
	Check with counselor for SAT & ACT registration deadlines	
	Review academic plan	
	Begin writing to college coaches	
	Relay event schedule to college coaches	
	Participate in Club / College Showcase	

Months	Activity	Notes
October November December	Parent / Student meeting with counselor	
	Schedule ACT & SAT	
	Attend College fairs	
	Complete admission applications for practice	
	Get letter of recommendation/references	
	Watch College soccer games	

Months	Activity	Notes
January February March	Organize your personal portfolio	
	Visit local colleges of different types and sizes	
	Develop preferred college list	
	Arrange for spring/summer visits for interviews at colleges from preferred college list	
	Research colleges on internet	
	Perform in classroom & on the field	

Months	Activity	Notes
April May June	Meet with Counselor to review goals-progress-interest	
	Develop academic year for senior year	
	Explore possibility of enrolling in AP courses	
	Register with NCAA National Clearinghouse	
	Participate in College scrimmages	
	Set individual athletic goals for Summer	

Senior College Planning Checklist

Months	Activity	Notes
July August September	Finalize application essay topics	
	Relay schedule to college coaches	
	Arrange for college visits and interviews	
	College coaches can make contact and receive calls after July 1 (Junior year)	
	Participate in Club / College showcase	

Months	Activity	Notes
October November December	Update student-athlete portfolio	
	Request referrals from teachers / coaches	
	If applying for early admissions, complete and send applications	
	Narrow list of possible schools – apply to at least 3 schools	
	National Letter of Intent signing in November	
	Obtain financial aid forms / get tax records to prepare financial aid forms	

Months	Activity	Notes
January February March	File financial aid forms	
	Final visits to schools applied	
	Make sure all applications were sent and received	
	Parent / Student meeting with counselor to ensure all transcript verification is complete	
	Decision time!	
	National letter of intent signing day in February	

Months	Activity	Notes
April May June	Review acceptances and offers	
	Submit necessary deposits to college chosen	
	Notify college you have chosen to attend	
	Notify colleges applied not attending	
	Notify counselor of final choice and have final grades, proof of graduation, etc. sent	

College Evaluation Table

College Name: _____ **Date:** _____

Selection Factors	1	2	3	4	5
Academics					
Academic Focus – Degree of Difficulty					
Academic Offering in Selected Major					
Size – Total Enrollment					
Athlete Tutoring					
Student –Athlete Support Service					
Admissions – GPA Requirement					
Admissions – SAT/ACT Requirements					
Coaches Academic Perspective					
Requirements for Selected Major					
Tuition					
Athletic Program					
NCAA / NAIA Affiliation (Div I, II, III)					
Immediate Contribution / Playing Time					
Player Turnover (Number of Juniors / Seniors)					
Distribution of Scholarship Monies					
Coaching Staff Qualification					
Total Staff & Time Commitment					
Competitive Schedule					
Facilities					
Athletic Department Commitment					
Training Schedule (Traditional Season)					
Training Schedule (Non Traditional Season)					
Coaches Interest in Me?					
Team Atmosphere					
Travel Requirements					
Social / Environment					
Metropolitan / City / Suburban / Rural					
Ethnic Diversity					
Cultural Environment					
Fraternity / Sorority System					
Distance for Immediate Family					
Recreational Activities Available					
Campus Atmosphere					
Climate					
Team Social Atmosphere					
Employment Opportunities					
Totals (based on 1 to 5 with 5 being highest)					