



SARASOTA TRYOUT GUIDE v2

April 25th, 2021



“ DON'T FEAR FAILURE,
FEAR THE ABSENCE
OF **PROGRESS**. ”

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INTRODUCTION

First of all, Welcome!

We are excited for the opportunity to evaluate your athlete and possibly become part of the NextGenFam. Not only do we plan for it with tremendous detail, but we also prepare with the athlete's future. We are living this year by the mantra "**Be Ultra-Competitive**". In youth sports, athletes of all ages are asked to participate multiple times a week, throughout the month for most of the year. This level of commitment can feel unrewarding when the vision of the club isn't clear or lacks follow through. Here at NextGen, we are excited, confident, and passionate about the responsibility we have to the community. Below are a few concepts to help understand the approach with our athletes.

DRIVEN TO DEVELOP. DRIVEN TO SUCCEED.

This slogan identifies our focus. Developing is a journey, and succeeding are the wins along the way. In our Academy, we are focused on competitiveness, which will shine through our on and off-field efforts.

WE ARE AN ACADEMY, NOT A CLUB

A club is like your gym. You go when you feel the need and when you leave, you won't think about it until it's time to go again. With an Academy, members are participating as part of a community. The members are committed to representing the brand outside of training or matches.

WE REFER TO KIDS AS ATHLETES, NOT PLAYERS

How do we expect kids to become "Elite" without referring to them as such? Athletes are filled with purpose, commitment and honor to be playing the game.

WE DO NOT HAVE A "REC" OR "RECREATIONAL" PROGRAM

Our programs starts at the age of 3. At most clubs, they refer to under-developed or beginners as recreational athletes. This does not align with our philosophy that greatness isn't born, it's grown.

Within this document is a wealth of information, documented to help you visualize our plan for the upcoming 2021/2022 Competitive Season tryouts.

Thank you,

A handwritten signature in black ink, appearing to read "Adam DeClerico".

Adam DeClerico

Founder and Sporting Director



THE NEXTGEN WAY AT TRYOUTS

- Extremely organized experience
- Not just throwing a ball out
 - We will be using a variety of different validation methods
- Being responsible with Covid-19
 - Social Distancing
 - Specific entry and exit gate
 - Face masks and hand sanitizers for people who need them
- Welcome gift at check-in
- Adhesive tryout numbers (no more pins!)
- Please lookout for our Nutritionist and Mental Performance Coach
- Videographer and photographer on-site
- Use of technology at check-in
- Coaches will be using tablets to evaluate athletes
- Our coaches will be emailing the evaluations in PDF after the last tryout day
- Capelli Sport Signage
- We will have volunteers walking around offering waters to parents and other visitors
- Athletes will have their own tents
- Snack station at the athlete tent (Nutritionist approved!)
- There will be upbeat music playing
- Athletic Trainer on-site with tent
 - Assist with taping, addressing injuries, fatigue etc.

ATHLETE PREPARATION

- Get a good nights sleep
- Prepare mentally to compete
- Plan to arrive 30 mins before start time
- Be confident and have a positive attitude
- Refrain from training 48 hours before
- Consider the nutrition suggestions found in our [Season Plan](#)
- Bring your own water
- Wear appropriate soccer gear
 - Shinguards are required
 - Please do not wear other club attire
 - Avoid shorts with pockets



GUIDELINES FOR RETURN TO PLAY

We are very excited about our tryouts starting next week. Thank you for your patience, loyalty and support. Your health and safety are our first priority. You have been missed and we are looking forward to welcoming you back in person. Covi-19 has presented challenges to us all and we appreciate the attention to our plan to be safe. With that in mind, we've been working on changes aimed at making our tryouts a safe place. As we continue to receive approvals from government officials and guidance from health authorities, we believe what's important is a proper balance between our desire to help you resume to soccer and the desire we all have to remain healthy.

You can expect the following measures taken at tryouts:

- In an effort to follow guidelines, check-in will have 4 lines (see check-in process page) and done one by one at each line
- Contactless check-in
- One gate for entry and one gate for exit
- Hand sanitizing entry and exit points
- Require athletes to bring their own towel and water
- All staff trained to participate in cleaning and disinfecting

We encourage you to help keep yourself and your fellow soccer athletes and families safe, and here are some of the ways to accomplish this, as recommended by our state authorities:

- Prior to attending any training event, each athlete should check his or her temperature at home,
- and refrain from participation if he or she has a fever (≥ 100.4 degrees F).
- Prior to participation, staff should obtain verbal confirmation from each participating athlete
- that:
 - The athlete has not had any no close contact with a sick individual or anyone with a
 - confirmed case of COVID-19.
 - The athlete has not had a documented case of COVID-19 in the last 14 days.
 - The athlete is not currently demonstrating or suffering from any ill symptoms.
- Any athlete reporting or demonstrating symptoms of illness at any point should be removed from training (or prohibited from training) and should seek guidance from his or her physician before attempting to return to training.
- Trainings of any group size can be conducted, we will aim for groups of 10.
- Contact between athletes may occur during play.
- Coaches can integrate but should not be in contact with athletes.
- Individuals should maintain social distancing guidelines during arrival and departure from training, and efforts should be made to stagger arrival and departure times to minimize potential interaction with other groups. Clubs should also consider designating separate arrival drop-off and departure pick-up zones.



- Other individuals in attendance (family members, for example) should stay away from the field and practice proper social distancing in accordance with local guidelines.
- In the event of an injury, staff may assess and facilitate management of the injured individual in accordance with proper first aid management. Family members may participate in injury management as necessary but other athletes should maintain proper social distance.

EQUIPMENT

- Training areas should be separated and specifically designated such that groups will not touch the same surfaces (benches, for example).
- Soccer balls should be disinfected immediately before and after use, but can be handled by goalkeepers and by athletes for throw-ins. Training vests can be shared between team members. Other personal equipment recommendations as above should still apply.
- Athletes should bring their own equipment (hand sanitizer, water bottle, towels, etc.).
- Surfaces that may be contacted and shared by athletes (benches, balls, for example), should be disinfected before and after use.
- Equipment used by staff (cones, for example) should not be handled by athletes or other attendees and should be disinfected after use.

FACILITIES AND TRAINING GROUNDS

- Indoor facilities may be utilized as necessary so long as recommendations are implemented for cleanliness.
- Hand sanitizer should be readily available at all training grounds and facilities. Each coach and athlete should have their own hand sanitizer. Athletes and coaches should disinfect their hands prior to and immediately after every group session and after any contact with a shared surface.
- All surfaces that athletes / staff may contact when entering and leaving the facility (gates, doorknobs, etc.) should be disinfected between sessions and after the final session of the day.
- When possible, gates / doors should remain open to reduce contact with potentially contaminated surfaces.

CHECK-IN PROCESS



Our plan is to have a very smooth check-in process. We strongly encourage arriving early in order to have your athlete on the field and ready for the start time.

- We will have designated Entry and Exit Gates (see below)
- We will have volunteers on-site to assist families with taking the correct routes
- Once inside the gate, we will have 4 check-in lines
- A volunteer will help direct people to a line when it becomes open
- We anticipate each athlete's check-in time to take 30-45 seconds
- The athlete will receive two adhesive labels of their tryout #, one for each tryout day
- The athlete should put the tryout number on the front right part of their shorts
- Athletes will be instructed at check-in to head toward the athlete tent area to drop off their water/bag and also be told what their field # is
- When returning on Day 2, athletes who already registered will head directly to the tent and their field

TRYOUT SCHEDULE



BOYS		U8, U9 and U10 BIRTH YEARS 2012, 2013, 2014	
Dates	Monday May 3 rd	Weds. May 5 th	
Arrival Time	5:30 PM	5:45 PM	
Start Time	6:00 PM	6:00 PM	
End Time	7:15 PM	7:15 PM	
Fields	1	1	

GIRLS		U8 and U9 BIRTH YEARS 2013 and 2014	
Dates	Monday May 3 rd	Weds. May 5 th	
Arrival Time	5:30 PM	5:45 PM	
Start Time	6:00 PM	6:00 PM	
End Time	7:15 PM	7:15 PM	
Fields	2	2	

TRYOUT SCHEDULE



BOYS		U11 and U12 BIRTH YEARS 2010 and 2011	
Dates	Monday May 3 rd	Weds. May 5 th	
Arrival Time	5:30 PM	5:45 PM	
Start Time	6:00 PM	6:00 PM	
End Time	7:15 PM	7:15 PM	
Fields	1	1	

GIRLS		U12 and U13 BIRTH YEARS 2009 and 2010	
Dates	Monday May 3 rd	Weds. May 5 th	
Arrival Time	5:30 PM	5:45 PM	
Start Time	6:00 PM	6:00 PM	
End Time	7:15 PM	7:15 PM	
Fields	2	2	

TRYOUT SCHEDULE



BOYS		U13 and U14 BIRTH YEARS 2008 and 2009	
Dates	Tuesday May 4 th	Thursday May 6 th	
Arrival Time	5:30 PM	5:45 PM	
Start Time	6:00 PM	6:00 PM	
End Time	7:15 PM	7:15 PM	
Fields	1	1	

GIRLS		U10 and U11 BIRTH YEARS 2011 and 2012	
Dates	Tuesday May 4 th	Thursday May 6 th	
Arrival Time	5:30 PM	5:45 PM	
Start Time	6:00 PM	6:00 PM	
End Time	7:15 PM	7:15 PM	
Fields	2	2	

TRYOUT SCHEDULE



BOYS	U15 and U16 BIRTH YEARS 2006 and 2007	
Dates	Monday May 3 rd	Weds. May 5 th
Arrival Time	7:15 PM	7:15 PM
Start Time	7:45 PM	7:45 PM
End Time	9:00 PM	9:00 PM
Fields	1	1

GIRLS	U14, U15 and U16 BIRTH YEARS 2006, 2007 and 2008	
Dates	Monday May 3 rd	Weds. May 5 th
Arrival Time	7:15 PM	7:15 PM
Start Time	7:45 PM	7:45 PM
End Time	9:00 PM	9:00 PM
Fields	2	2

TRYOUT SCHEDULE



BOYS		U17 and U18/19 BIRTH YEARS 2003/04 and 2005	
Dates	Tuesday May 4 th	Thursday May 6 th	
Arrival Time	7:15 PM	7:15 PM	
Start Time	7:45 PM	7:45 PM	
End Time	9:00 PM	9:00 PM	
Fields	1	1	

GIRLS		U17 and U18/19 BIRTH YEARS 2003/04 and 2005	
Dates	Tuesday May 4 th	Thursday May 6 th	
Arrival Time	7:15 PM	7:15 PM	
Start Time	7:45 PM	7:45 PM	
End Time	9:00 PM	9:00 PM	
Fields	2	2	

RAINOUT SCHEDULE



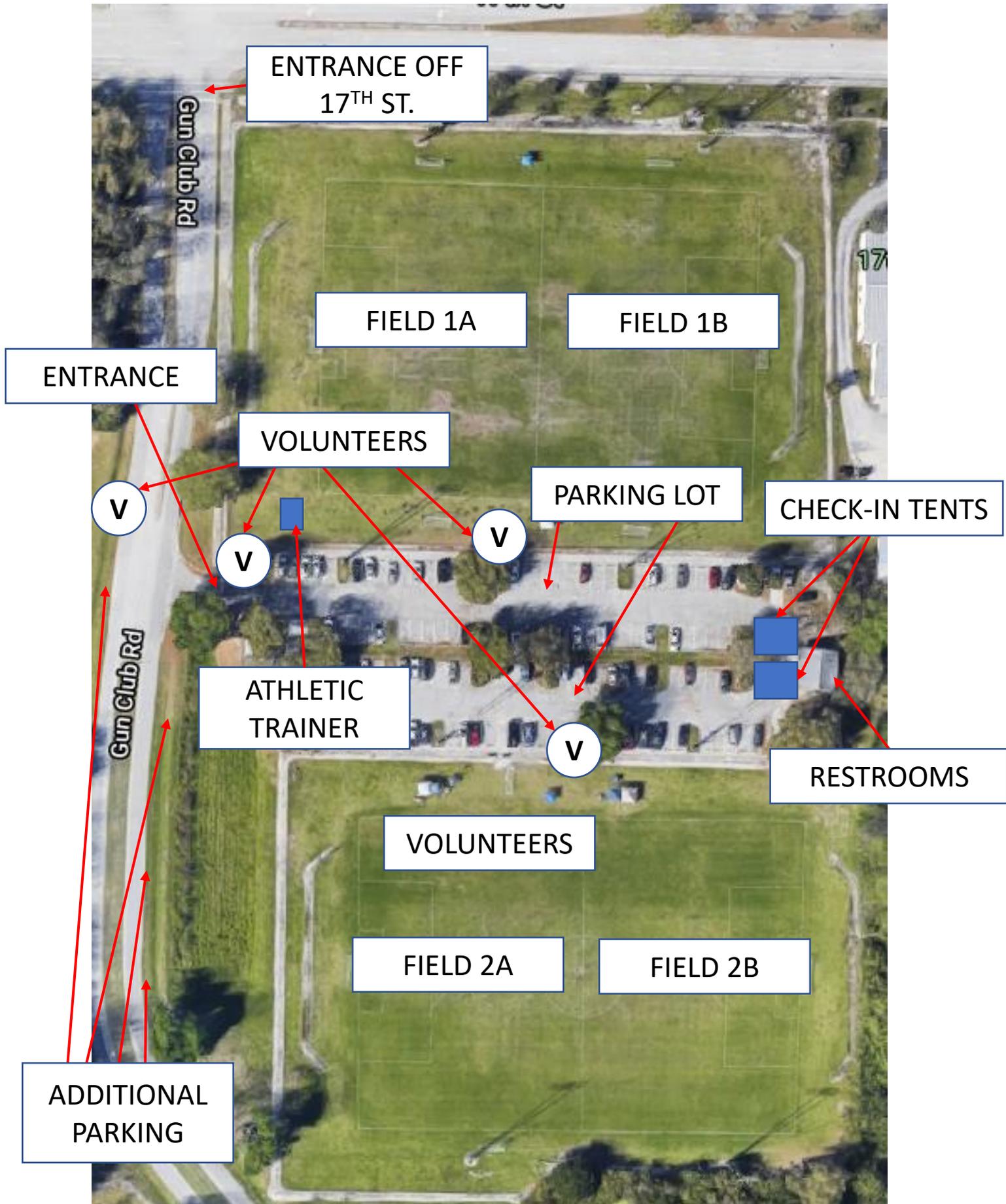
Our rainout date will be Saturday May 8th for all age groups, boys and girls. The details for the rainout will be shared the week of tryouts.

TRYOUT LOCATION



Next Generation Soccer Academy will be hosting its tryouts at the 17th Street Soccer Fields. Please visit [here](#) for directions.

LOCATION LAYOUT



FIELD LAYOUT





What happens after tryouts?

Our staff and coaches will be working to deliver updates to all athletes by the end of the second tryout day. This will include phone calls and emails including a PDF of the tryout evaluation.

Will you take more than one team per age group?

It's possible. Our coaching staff will not loosely decide to do so but will collaborate to make sure it aligns with our goals and plan to develop elite athletes.

What is the NextGen Academy training model?

When we have more than one team per age group, our staff will train them together once per week or every two weeks. This will consist of circuit style training. Furthermore, a max of (3) athletes can move up and two athletes will move down. This can only happen once per month, at the beginning of the month. The choice to move athletes can be based on many factors and must be signed off by two Directors who are familiar with the teams.

Is there a tryout rainout day?

Yes, Saturday May 8th. Times will be based on age group and be email communicated should a rained-out date be needed.

What is the deadline to register?

Our deadline is May 2nd.

How do I register my athlete with NextGen?

You will receive an email with instructions. Our process is 100% digital and online, simplifying the process.

Is there a deposit?

Not for tryouts. There is once an athlete accepts their position on a roster. It will be disclosed in the onboarding email after the athlete commits to NextGen.

When does training start?

Training is scheduled to begin the last two weeks of July, with the pre-season fitness test and pre-season camp starting the week of July 28th, 2021.

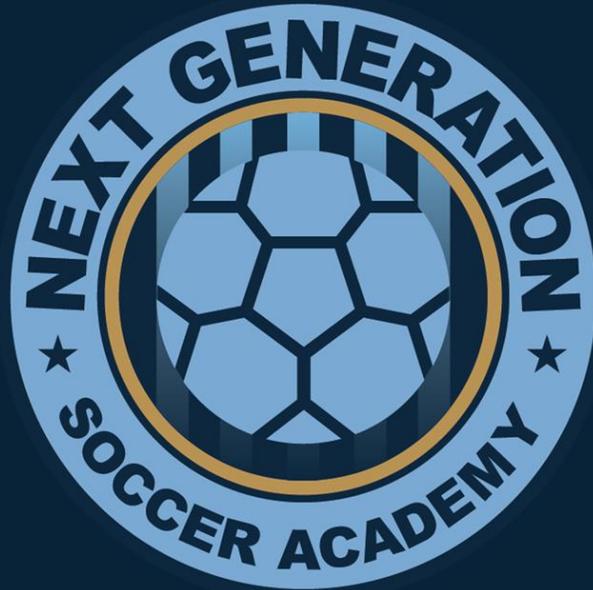
Is there a cost for summer training?

Yes, it's \$40 for 4 sessions, or \$10 per session.

Will NextGen have a summer camp?

Yes. Details coming soon.

If you have any questions, please contact us! info@nextgensocceracademy.com



NEXT GENERATION SOCCER ACADEMY

Driven to Develop. Driven to Succeed.

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